

The Spin



Colorado Safe Routes to School State Network

Volume 3, Issue 9

Where Have Your Feet Taken You This Month?

Even though Walk to School Day is behind us, the entire month of October is Pedestrian Month in Colorado. This means that everyone has a reason to walk somewhere they typically wouldn't, as if the changing leaves and cooler temperatures weren't reason enough.

It's also a good time to step back and think about our regular transportation patterns and the environment that shapes them. Are there safe sidewalks, bike lanes and crosswalks between where you live and your nearest grocery store, coffee shop or school? Do you walk, bike or drive to your regular destinations? Why is that? Could you walk or bike to work if you wanted to?

After reflecting on Walk to School Day, a LiveWell Colorado staff member wrote the following blog post about her choice to sell her car and commit to an active transportation lifestyle: [Time to Examine Spider Webs: One of the Many Perks of My Walking Commute](#). We encourage you to read the piece and to consider what changes--personal and environmental--might make the same types of choices possible for you and those in your community.

In This Issue

Stories from Schools

Walk to School Day Success

Cruisin' with CDOT

REMINDER: SRTS Non-Infrastructure Grant Applications Due Nov. 14

CDOT's Safe Routes to School 2015 Advisory Committee Named

Training Wheels & Webinars

Integrating Safe Routes to School into the Fabric of Your Community: The Role of the Comprehensive Plan

Creating an Off-Road Bicycle Safety Action Plan

Crossing with Confidence: A Fact Sheet for Managing Risk When Creating Crossing Guard Programs

Pedaling Programs and Funding Feet

REMINDER: National Center for Safe Routes to School and Schwinn's Helmets on Heads Team Up Mini Grant Applications Due Oct. 22

[Subscribe to The Spin »](#)

Stories from Schools

Walk to School Day Success

With 160 schools registered at www.walkbiketoschool.org, Colorado ranked 8th in the nation for Walk to School Day activities!

Members of the Safe Routes to School Statewide Network celebrated Walk to School Day at College View Elementary in Denver where an estimated 80% of the school's 465 students walked, biked, rode scooters or roller skated to school. This school received funding through a 2013 grant with Denver Public Health for Safe Routes to School programming and the enthusiasm the children, parents and school staff had for walking and biking was readily apparent.

Across the state, schools celebrated the day in a variety of ways. The Morning Mile Club at Oak Grove Elementary held its first ever Walk to School Day by inviting students to arrive early to walk a half of a mile around the track. We want to thank all of the schools that participated and encourage you to use Walk to School Day to find ways to make walking and biking to school easier all year around!

Just a reminder, you have until the end of October to register your event and record your participation at www.walkbiketoschool.org to be

eligible to win one of three \$250 mini-grants to be used to continue Safe Routes to School encouragement and education.



Cruisin' with CDOT

REMINDER: SRTS Non-Infrastructure Grant Applications Due Nov. 14

CDOT's Safe Routes to School Non-Infrastructure Projects Guideline and Grant Application is available to download from the CDOT website

at <http://www.coloradodot.info/programs/bikeped/safe-routes>. Both Word and PDF versions are available.

No infrastructure grants will be awarded this year. Applications are due to CDOT-SRTS by close of business on Friday, November 14. Contact Leslie Feuerborn, SRTS Program Manager, with your questions or for more information at dot_srts@state.co.us or [303-757-9088](tel:303-757-9088).

CDOT's Safe Routes to School 2015 Advisory Committee Named

CDOT's Safe Routes to School Advisory Committee for the 2015 fiscal year has been appointed by CDOT Executive Director Don Hunt. The individuals who have been appointed are:

- Kristina Evanoff, *Regional Transportation Planner, Pikes Peak Area Council of Governments*
- Elizabeth "Liz" Collins, *Transportation Planner, Mesa County*
- John Egan, *Councilor, Town of Pagosa Springs*
- Mike Gibbs, *Public Works Director, Town of Elizabeth*
- Deputy Scott Sickafoose, *Deputy Sheriff, Arapahoe County Sheriff's Department*
- Cate Townley, *Built Environment Specialist, Colorado Dept. of Public Health & Environment*
- Gosia Kung, *Executive Director, WalkDenver*
- Sarah Mathew, *Director, Health & Wellness, Colorado Dept. of Education*
- Jennifer Cooney, *Parent, Adams 12 School District*

The advisory committee's primary responsibility is to review Safe Routes to School grant applications and to recommend projects for funding. In addition, the committee is responsible for input into the process, the long-term growth of the program and sharing information about the program.

Training Wheels & Webinars

Integrating Safe Routes to School into the Fabric of Your Community: The Role of the Comprehensive Plan

Following an orientation on the "why" and "how" of addressing walking and bicycling to school in to comprehensive plans, representatives from two communities will discuss how integrating Safe Routes to School principles in their comprehensive plans has impacted student transportation, as well as walking and bicycling community-wide. October 29 from 1-2 p.m. EST. [Learn more and register now](#) or [download the issue brief](#).

Creating an Off-Road Bicycle Safety Action Plan

Attendees of this webinar (the last in a series of three) will learn the basics of pathway design including speed, width, clearance, grade, railings, and intersection/midblock crossings. The series is based on the 2009 AASHTO Guide for the development of Bicycle Facilities and the 2013 NACTO Guide, FHWA guidance and current research. Presented by the Pedestrian and Bicycle Information Center. October 30 at 2 p.m. EST. [See slides from the previous webinars](#) or [register now](#).

Crossing with Confidence: A Fact Sheet for Managing Risk When Creating Crossing Guard Programs

As the Safe Routes to School movement continues to gain momentum across the country, it is clear that in many communities, not all children can easily and safely walk or bicycle to school, especially if their school is located near a busy or dangerous intersection. With proper training and equipment, crossing guards can play a critical role in ensuring that students who walk or bicycle to school arrive safely.

CA4Health, in collaboration with ChangeLab Solutions, has developed this comprehensive fact sheet, [Crossing with Confidence](#), which discusses the legal implications of establishing a crossing guard program and identifies concrete steps public entities – including school districts – can take to minimize their exposure to liability. Armed with in-depth knowledge of the key issues, school districts, municipalities, and active transportation advocates can protect themselves from liability while creating safe and effective crossing guard programs.

Pedaling Programs and Funding Feet

REMINDER: National Center for Safe Routes to School and Schwinn's Helmets on Heads Team Up Mini Grant Applications Due Oct. 22

The National Center for Safe Routes to School and Schwinn's Helmets on Heads program are teaming up to provide 25 \$1,000 mini-grants to 25 schools across the country. These mini-grants support a common goal of both organizations: to support educators, communities and families in encouraging children to safely bike to school.

Applications for mini-grant activities planned for the second half of the 2014-2015 school year are due Wednesday, Oct. 22, 2014. These funds can be used to fund activities ranging from the nuts and bolts to help start or sustain bicycling programs, to new, inspiring ideas that explore the range of benefits of safe bicycling. [Download the application](#) or [apply online](#).

The purpose of the **Colorado Safe Routes to School State Network** is to facilitate two-way information sharing and connecting among communities and organizations in order to lift up what is working, identify new opportunities and galvanize support for policy and culture change that will increase the number of students walking and biking safely to and from school in every Colorado community.

[LiveWell Colorado](#) serves as the lead facilitator for the Network. Other members of the Network's steering committee include: [Action for Healthy Kids](#), [Bicycle Colorado](#), [Colorado Department of Transportation \(CDOT\)](#), [Children's Hospital Colorado](#), [Kaiser Permanente](#), [Safe Routes to School National Partnership](#), and subject matter experts.

[Unsubscribe](#) • [Contact Us](#) • [Subscribe](#)